## MacFarlane's Lantern

Newsletter of the Clan MacFarlane Society, Australia, Inc.



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## Current Event.

Adelaide member Carol Fuller (nee McFarlane) has been placed on a short list of nominees for the 2016 Courage Award run by the National Stroke Foundation-Australia

. Carol's life changed dramatically when her husband, Clive, had a



massive stroke at just 50 years. The severe and, at times, all-consuming nature of Clive's condition following his stroke severely impacted both their lives.

Carol found herself juggling the roles of wife, mother, carer and advocate. She learnt to live from one changing day to the next. Carol fought daily to ensure Clive received everything available to help him live a life of quality and dignity. She also advocated to government for policy changes to prevent Clive and other stroke survivors from falling through the cracks in the health system.

Carol has written a book about their experiences which she hopes to publish shortly to encourage and help others in their stroke journey. Her family and friends say Carol is a courageous woman and an inspiration, and being recognised as a finalist is a lovely tribute to her life with Clive, who sadly passed away in 2012. Final results will be known later this year.

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